



Action for Children invites you to attend

Looking Good Feeling Great

An Inspirational and Empowering Evening

With Northern Ireland's top **Life Coach** Jenny Grainger
& dynamic **Style Coach** Anne Rowney

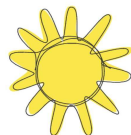
Inspiring you to make positive changes to the way you
Look and feel about yourself, inside and out



Venue: The Four Winds, Belfast
Date: Thursday 18th June
Time: 7.30pm
Tickets: £20

Feel **GREAT** on the inside and
Look **FANTASTIC** on the outside !

For Tickets Contact Regional Fundraiser Arlene Creighton on
028 90 460500 / 077 02 098677 or alternatively
email arlene.creighton@actionforchildren.org.uk



Life Coach: Jenny Grainger (www.freshstartcoaching.co.uk)

Style Coach: Anne Rowney (www.coathanger.me.uk)

Venue: The Four Winds (www.thefourwinds.co.uk)

as long as it takes