



**Centre  
of Learning**  
Learn. Connect. Grow.

a part of **W**The **WiB** Group

# Autumn Programme Schedule 2025

Partners:





## Why choose the Centre of Learning?

Purposefully designed programmes that address the real challenges and barriers often faced by women in work.

Access leading-edge insights, practical tools and expert advice from industry-renowned facilitators with extensive experience in enabling career growth.

Benefit from the unique value of external training - offering the opportunity to connect, share and grow alongside like-minded professionals from diverse organisations.

Engaging, impactful programmes that deliver immediately applicable tools to support confidence, career development and long-term success.

Discounted rates available for our affiliate partners: Members of Women in Business, CBI, Glandore and Northern Ireland Chamber of Commerce, and postgraduate students of The Open University and Ulster University.

Over

**90%**

satisfaction rating  
from past delegates

Almost

**5000**

women supported  
through Centre of  
Learning programmes

Over

**450**

small businesses and  
organisations have taken  
part in programmes

# Autumn Schedule

Join us from September to December for a range of programmes that benefit you both personally and professionally. **View our calendar below.**

## September

- 24** **Mastering Productivity and Balance**  
with Caoilfhionn Buckley
- 25** **Present with Power**  
with Camilla Long

## October

- 02** **Back to Business** with Una McSorley
- 07** **Excel Essentials** with Louise Friel
- 14** **Shaping the People Agenda**  
with Joanne Kelly & Michele Lamour
- 16** **The Mentoring Programme**
- 21** **Influencing and Negotiating with Confidence** with Una McSorley
- 22** **Compelling Communication** with Andrew Toogood
- 23** **Gender Allyship for Better Business**  
with Sandra Lee & Joe McCartan

## November

- 11** **Empowering Women in Leadership**  
with Una McSorley
- 12** **Building High Performing Teams**  
with Penny Toogood **(For Women)**
- 18** **Assertiveness is Action**  
with Andrew Toogood
- 19** **Reflect and Reboot - Resilience Workshop** with Sarah Travers
- 27** **Building High Performing Teams**  
with Andrew Toogood **(For Men)**

## December

- 09** **Advanced Excel** with Louise Friel

# Looking to grow, lead or learn differently? Our team is here to help you get there.

Reach out today and find the programme that matches your ambition.



**Nicky Scott**  
**Head of Programmes & Development**  
[nicky@centreoflearningni.com](mailto:nicky@centreoflearningni.com)



**Maria McCaffrey**  
**Programmes Coordinator**  
[info@centreoflearningni.com](mailto:info@centreoflearningni.com)



**Gemma Weir**  
**Sales Coordinator**  
[gemma@centreoflearningni.com](mailto:gemma@centreoflearningni.com)

## Centre of Learning

Arthur House, 41 Arthur Street, Belfast BT1 4GB  
Visit: [womeninbusinessni.com/centre-of-learning](http://womeninbusinessni.com/centre-of-learning)



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