

# March 2025

MON	TUES	WED	THURS	FRI
3	4 <u>Empowering Women in leadership</u>	5	6	7
10	11 <u>Equipping Managers for success - Men Only</u>	12	13 <u>Compelling Communication</u>	14
17	18	19 <u>EmpowerHer: Plan, Profile, Progress</u>	20	21
24	25	26 <u>Advanced Excel</u>	27	28
31				

## Coming up next month

8th April - Excel Essentials

29th April - Mastering Productivity & Balance

# April 2025

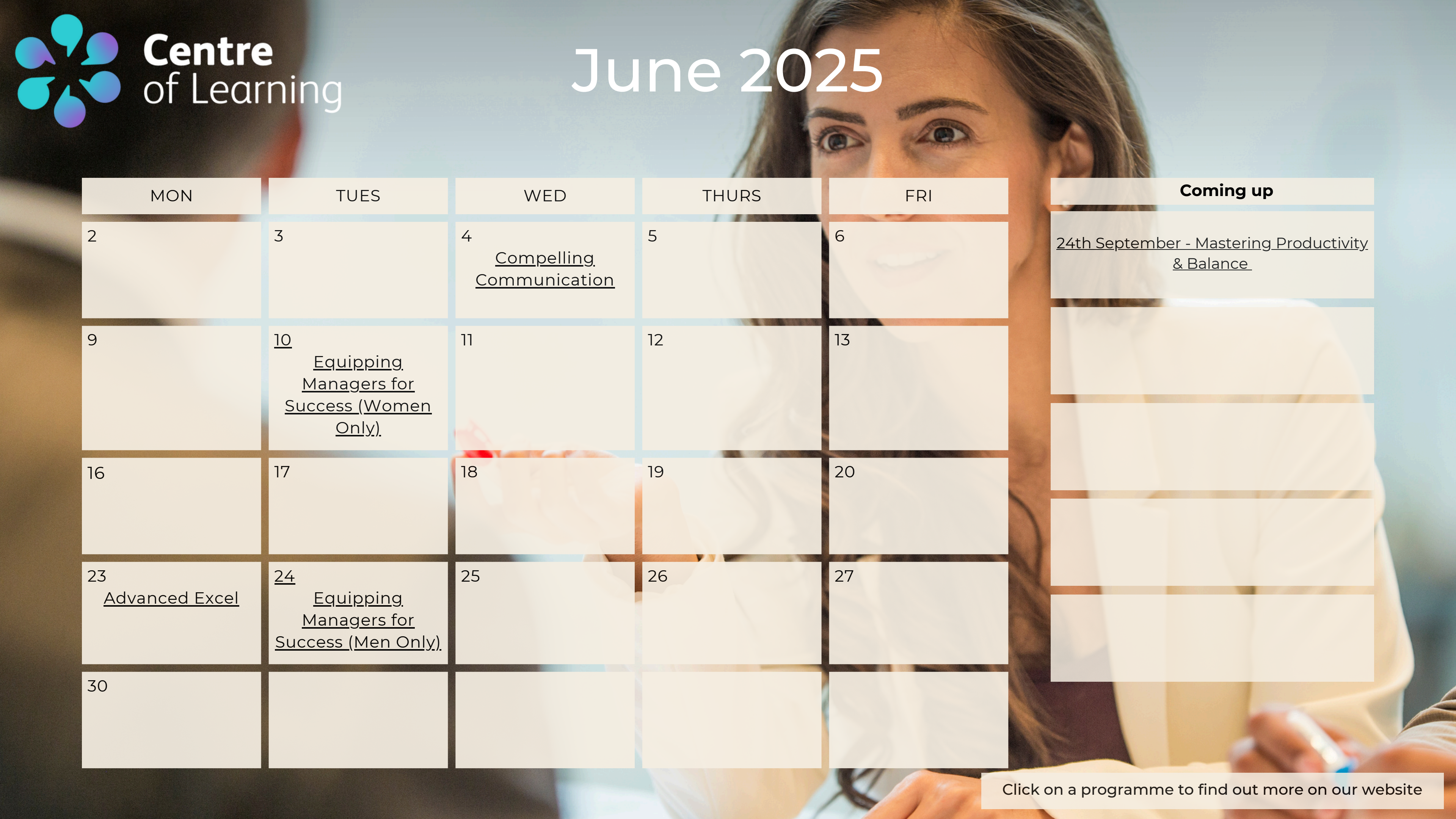
MON	TUES	WED	THURS	FRI	Coming up next month
	1	2	3	4	<u>1st - Back to Business - Maternity returners</u>
7	8 <u>Excel Essentials</u>	9	10	11	<u>8th - Present with Power</u>
14	15	16	17	18	<u>14th - Influencing and Negotiating with Confidence</u>
21	22	23	24	25	<u>15th - Assertiveness in Action</u>
28	29 <u>Mastering Productivity &amp; Balance</u>	30			<u>20th - Empowering Women in leadership</u>
					<u>21th - Lead Together - Gender Allyship</u>
					<u>28th - Reflect and reboot - Resilience workshop</u>

Click on a programme to find out more on our website

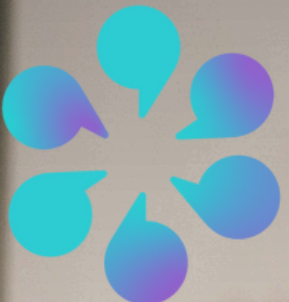
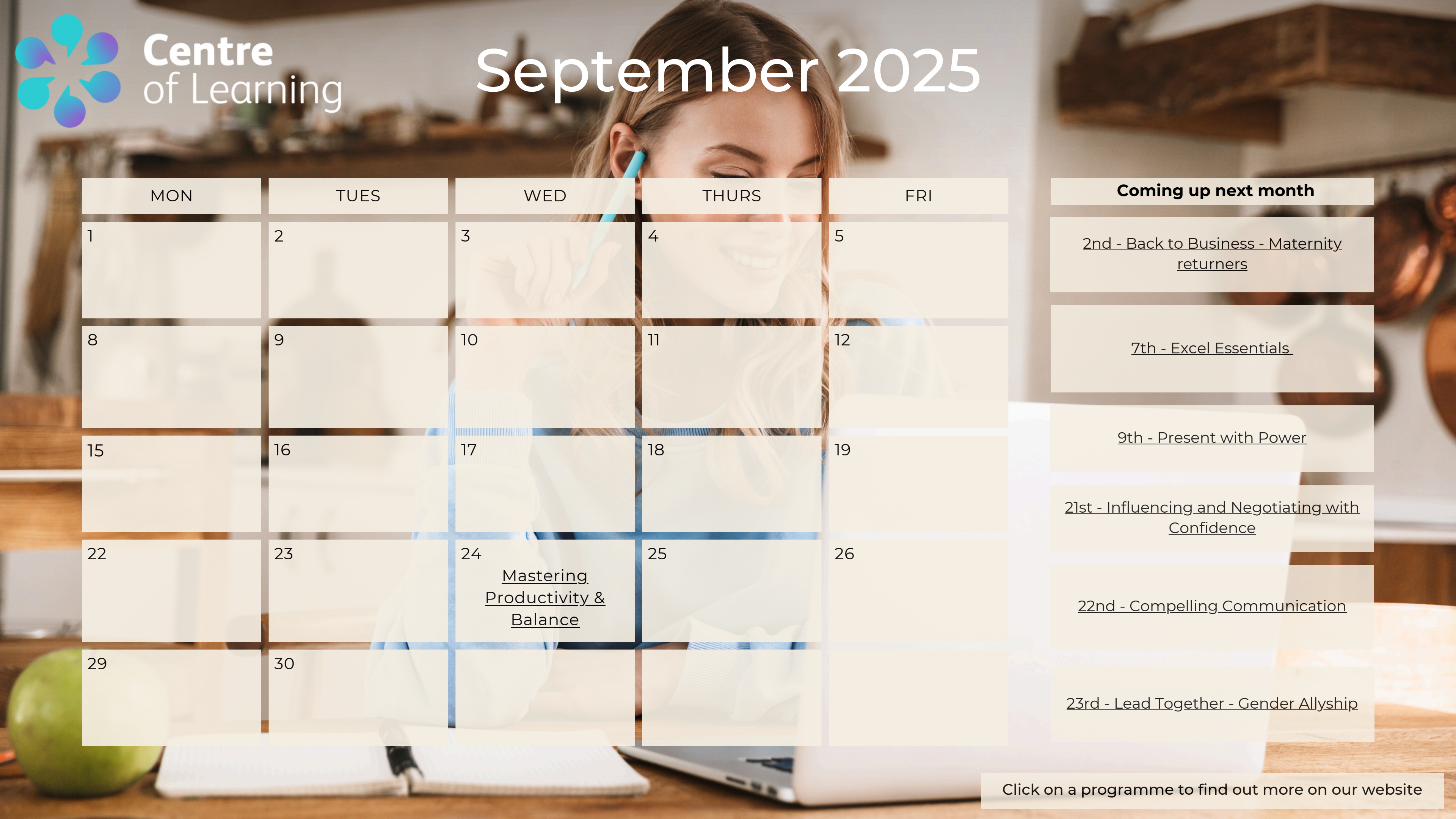


# May 2025

MON	TUES	WED	THURS	FRI	Coming up next month
			1 <u>Back to Business</u>	2	4th - <u>Compelling Communication</u>
5	6	7	8 <u>Present with Power</u>	9	10th - <u>Equipping Managers for success - Women Only</u>
12	13	14 <u>Influencing and Negotiating with Confidence</u>	15 <u>Assertiveness in Action</u>	16	23rd - <u>Advanced Excel</u>
19	20 <u>Empowering Women in Leadership</u>	21 <u>Lead Together</u>	22	23	24th - <u>Equipping Managers for success - Men Only</u>
26	27	28 <u>Reflect and Reboot - Resilience Workshop</u>	29	30	



MON	TUES	WED	THURS	FRI	Coming up
2	3	4 <u>Compelling Communication</u>	5	6	<u>24th September - Mastering Productivity &amp; Balance</u>
9	10 <u>Equipping Managers for Success (Women Only).</u>	11	12	13	
16	17	18	19	20	
23 <u>Advanced Excel</u>	24 <u>Equipping Managers for Success (Men Only).</u>	25	26	27	
30					



# September 2025

MON	TUES	WED	THURS	FRI
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24 <u>Mastering Productivity &amp; Balance</u>	25	26
29	30			

Coming up next month
<u>2nd - Back to Business - Maternity returners</u>
<u>7th - Excel Essentials</u>
<u>9th - Present with Power</u>
<u>21st - Influencing and Negotiating with Confidence</u>
<u>22nd - Compelling Communication</u>
<u>23rd - Lead Together - Gender Allyship</u>



# October 2025

MON	TUES	WED	THURS	FRI	Coming up next month
		1	2 <u>Back to Business</u>	3	<u>11th - Empowering Women in leadership</u>
6	7 <u>Excel Essentials</u>	8	9 <u>Present with Power</u>	10	<u>12th - Equipping Managers for success - Women Only</u>
13	14	15	16	17	<u>18th - Assertiveness in Action</u>
20	21 <u>Influencing and Negotiating with Confidence</u>	22 <u>Compelling Communication</u>	23 <u>Lead Together - Gender Allyship</u>	24	<u>19th - Reflect and reboot - Resilience workshop</u>
27	28	29	30	31	<u>27th - Equipping Managers for success - Men Only</u>

# November 2025

MON	TUES	WED	THURS	FRI
3	4	5	6	7
10	11 <u>Empowering Women in Leadership</u>	12 <u>Equipping Managers for Success (Women Only).</u>	13	14
17	18 <u>Assertiveness in Action</u>	19 <u>Reflect and Reboot - Resilience Workshop</u>	20	21
24	25	26	27 <u>Equipping Managers for Success (Men Only).</u>	28

## Coming up next month

9th - Advanced Excel