

**Centre**  
of Learning

# January 2026

MON	TUES	WED	THURS	FRI
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27 <u>EXCEL ESSENTIALS</u>	28	29	30

**Coming up next month**

4th - Managing Self-Criticism and Stress Response

5th - Present with Power

10th - Data Visualization using Power BI

11th - Back to Business Maternity Returners

17th - Empowering Women in Leadership

18th - People first: Strategy to impact;  
18th - Mastering Productivity and Balance

19th - Compelling Communication

25th - Reflect and Reboot - Resilience Workshop

Click on a programme to find out more on our website



MON	TUES	WED	THURS	FRI
2	3	4 <u>MANAGING SELF- CRITICISM AND STRESS RESPONSE</u>	5 <u>PRESENT WITH POWER</u>	6
9	10 <u>DATA VISUALIZATION USING POWER BI</u>	11 <u>BACK TO BUSINESS MATERNITY RETURNERS</u>	12	13
16	17 <u>EMPOWERING WOMEN IN LEADERSHIP</u>	18 <u>PEOPLE FIRST: STRATEGY TO IMPACT; MASTERING PRODUCTIVITY AND BALANCE</u>	19 <u>COMPELLING COMMUNICATION</u>	20
23	24	25 <u>REFLECT AND REBOOT - RESILIENCE WORKSHOP</u>	26	27

## Coming up next month

3rd - Equipping Managers for Success -  
Women Only

4th - Influencing and Negotiating with  
Confidence

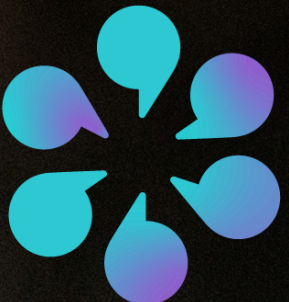
10th - The Mentoring Programme

19th - Assertiveness in Action

23rd - Advanced Excel

24th - Building High Performing teams





# March 2026

MON	TUES	WED	THURS	FRI
2	3 <u>EQUIPPING MANAGERS FOR SUCCESS</u>	4 <u>INFLUENCING AND NEGOTIATING WITH CONFIDENCE</u>	5	6
9	10 <u>THE MENTORING PROGRAMME</u>	11	12	13
16	17	18	19 <u>ASSERTIVENESS IN ACTION</u>	20
23 <u>ADVANCED EXCEL</u>	24 <u>BUILDING HIGH PERFORMING TEAMS</u>	25	26	27
30	31			

Coming up next month

Spring Schedule coming soon