



**Centre
of Learning**
Learn. Connect. Grow.

a part of **W** The **WiB** Group

New Year Programme Schedule 2026

Partners:





Why choose the Centre of Learning?

Purposefully designed programmes that address the real challenges and barriers often faced by women in work.

Access leading-edge insights, practical tools and expert advice from industry-renowned facilitators with extensive experience in enabling career growth.

Benefit from the unique value of external training - offering the opportunity to connect, share and grow alongside like-minded professionals from diverse organisations.

Engaging, impactful programmes that deliver immediately applicable tools to support confidence, career development and long-term success.

Discounted rates available for our affiliate partners: Members of Women in Business, CBI, Glandore and Northern Ireland Chamber of Commerce, and postgraduate students of The Open University and Ulster University.

Over

90%

satisfaction rating
from past delegates

Almost

5000

women supported
through Centre of
Learning programmes

Over

450

small businesses and
organisations have taken
part in programmes

New Year Schedule

Join us from January to March for a range of programmes that benefit you both personally and professionally.

View our calendar below.

January

- 27
28** **Excel Essentials** with Louise Friel
(2 half-day workshops)
- 28** **Energy Management for Real Life** with Caoilfhionn Buckley (half-day workshop)
- 29** **Back to Business** with Una McSorley

February

- 04** **Managing Self-Criticism and Stress Response** with Jessica Melville & Sharon Rutherford
- 05** **Present with Power** with Camilla Long
- 10
11** **Data Visualisation with Power BI** with Louise Friel (2 half-day workshops)
- 17** **Empowering Women in Leadership** with Una McSorley
- 18** **Mastering Productivity and Balance** with Caoilfhionn Buckley

- 18** **People First: From Strategy to Impact** with Joanne Kelly & Michele Larmour
- 19** **Compelling Communication** with Andrew Toogood
- 25** **Reflect and Reboot - Resilience Workshop** with Sarah Travers

March

- 03** **Equipping Managers for Success** with Penny Toogood
- 04** **Influencing and Negotiating with Confidence** with Una McSorley
- 10** **The Mentoring Programme** with Caroline Greenlee and Frances Neely
- 19** **Assertiveness is Action** with Andrew Toogood
- 23
24** **Advanced Excel** with Louise Friel (2 half-day workshops)
- 24** **Building High Performing Teams** with Penny Toogood

Looking to grow, lead or learn differently? Our team is here to help you get there.

Reach out today and find the programme that matches your ambition.



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