



**Centre**  
of Learning  
Learn. Connect. Grow.

a part of **W** The **WiB** Group

# Leadership and Management Training

## Equipping Managers for Success



  
**RATHBANE**  
GROUP

Our partners:

 **Belfast  
Harbour**

# Equipping Managers for Success



New to management and feeling overwhelmed? Transitioning from a high performing individual to a confident leader can be challenging.

We are here to guide you and equip you for success. During our 1-day Equipping Managers for Success programme you will develop emotional intelligence, master communication, and learn how to use coaching techniques to engage your team effectively.

**A 1 day in person programme, delivered by Penny Toogood - Proclaim Consulting.**

You'll develop:

- Your identity as a manager
- Your skills as a manager by communicating with confidence & developing a coaching conversation style
- Your role as a manager - understanding your role, your team and the power of cognitive diversity
- Your development as a manager - the importance of feedback, managing difficult conversations and 1-2-1s that work



This highly interactive programme equips you with the tools you need to be an impactful and effective leader who is capable of leading yourself, and also a high performing team.

You will build emotional intelligence and learn how to overcome self-limiting beliefs, communicate with confidence, understand how to use a coaching style to improve engagement and performance, manage difficult conversations and have 1-2-1's that work.



**Find out more:** [centreforlearningni.com](https://centreforlearningni.com)



# Equipping Managers for Success



## **Penny Toogood - Proclaim Consulting, Director**

A Director, executive coach and facilitator, Penny has over 20 years of leadership experience working with Fortune 100 companies, public sector and SMEs. Specialising in people leadership and management development, Penny uses that experience to build the most important human centred skills needed for leadership success.

“Penny's presenting style was brilliant. She encouraged us to contribute our thoughts and experiences but didn't force it which helped keep things moving so the day seemed to go at a perfect pace.”  
Carolyn Busby, Eakin Healthcare



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# What others have to say

## **Anna Stewart**

Queens University

This programme is perfect for anyone who has recently taken on management responsibility for the first time... It was a great opportunity to meet women from other organisations working across a range of different roles, and the entire day had such a relaxed, open and honest feel to it.



## **Chantelle**

Allstate

I am thrilled to have gone on the effective manager course. I learnt so much about how to I think and how others may think too which will help me be great for my team.

## **Kathleen Stevenson**

Barnett-Hall

One of the best day courses I've attended for managers. Covered a lot of topics with good guidance.





# What makes our programmes different?



Tailored content which is **relevant to today's working world**



Programmes to **address the challenges and barriers** often faced by women



Insights and advice on best practice as well as key tools from **industry leading facilitators**



External training provides the **opportunity to connect and learn with like minded women** outside of your organisation



Engaging programmes with **practical tools which can be applied immediately** to support continued development



**Discounted rates** for Women in Business, CBI and Northern Ireland Chamber members.



Our partners:



# Our customers



Since commencing in 2019, we have had the privilege of providing training support to over 4000 individuals and 200+ organisations from different sectors.

Learning from diverse individuals across industries offers delegates a safe space to discover themselves, break away from group-think, understand varied business landscapes and share unique perspectives for enhanced growth and learning.



Our partners:



## Contact the team



Start your journey to learn, connect and grow today.



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Our partners:



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